

Argumentative Essay#2

Junk food is being devoured everyday by people everyday by people around the world. Source A by The New York Times, Source B by Medical Daily, Source C by Norton Center Infographic and Source E by Healthline News all provide reasons why junk food should be prohibited in schools. Some types of junk food are chips, sodas, candy, and chocolate. The majority of these food comes from vending machines at schools. Junk food should be prohibited from schools for these three reasons: diabetes and heart diseases occur, people die and are addicted, and ads are motivating kids.

First of all, junk food should be ban from schools because diabetes and heart diseases occur. Kids and teens can eat lots of candy, chocolate and etc. which contains lots of sugar, making them have a risk for diabetes. An example of this can be indicated in Resource C, where the picture shows and quotes. “ $\frac{1}{3}$ of kids born after 2000 will develop diabetes. Today’s children will be the first generation since The Great Depression, projected to have a shorter lifespan than their parents.” This means that kid’s won’t live as long due to the fact $\frac{1}{3}$ of children develop diabetes. The consequences of this can be catastrophic; kids can eat all the sugar they want while they are young but as their age develops they have a risk of getting diabetes. Some of these kids and teens have two or more risk factors to getting heart diseases as it quote in Resource C “70% of obese children have at least one risk for heart diseases and 39% have at least two or more risk factors.” For instance, these kids eat lots of junk food making them obese. This leads them to having one to two risk factors to develop heart disease. This is one of the reason why junk food should be prohibited from schools.

The second reason why junk food should be ban from schools is because kids and teens become and eventually dying. Many people being obese can be affected by this. This can be quoted from Resource A, “Nearly 300,000 people die each year from complications associated with being obese or overweight.” This can affect the families due to the loss of their love ones. This can also economy making the prices of their food due to the incident. These people can become addicted to junk food and can eat bags and bags of chips everyday. This can be demonstrated in Resource B, “One bag of Cheetos has 150 calories according to Frito Lay's nutritional label. That doesn't sound too bad, but once you have three bags; that's 450 calories and 750 milligrams of sodium.” The person's behavior can be affected by this around the people he hangs around. The Cheetos company can be affected due to the nutrition facts. This is the second reason why junk foods should be prohibited in schools.

Lastly junk food should be ban from school because ads (advertisement) are motivating kids. These ads showcase how amazing these new chips are and lots kids are hooked in. One example of this can be found in Resource E, “Once study found that 70% of elementary and middle school students see ads for junk food at school”. Kids can see ads on TV and see how amazing the food looks and once they buy it, they don't have their expectations reached. Some ads can show the effects of the chips thus motivating the kids to buy it. When watching these ads, the kids could be attached and would want to buy and eat them. Quoted from Resource E,” Research published earlier this year that kids tend to eat more after seeing ads for unhealthy food.” These ads are motivating the kids to buy unhealthy food that are suited for them. Some of the foods can contain ingredients that the consumer can't eat. From the viewpoint of a person who agrees that junk food should be in school, the facts doesn't teach kids much. This can be

found in Resource A, “Third, an important part of education is learning to make food choices.

An across the board junk food ban does not teach young people how to make healthy choices; it simply removes some of their options.

To conclude, the three main reasons why junk food should be prohibited in school is because, diabetes and heart diseases occur, people die and are addicted, and ads are motivating kids. When kids start to eat these unhealthy food, they will develop one or two risk of diabetes and heart disease. By people becoming addicted; eating multiple bags or packets, they die. With ads motivating kids, they will start to eat more unhealthy food due to this.

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